RIGIDITY OF MINIMAL SUBMANIFOLDS IN SPACE FORMS

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ABSTRACT. In this paper, we consider the rigidity for an $n(\geq 4)$ -dimensional submanifold M^n with parallel mean curvature in the space form \mathbb{M}_c^{n+p} when the integral Ricci curvature of M has some bound. We prove that, if $c + H^2 > 0$ and $\|\operatorname{Ric}_{-}^{\lambda}\|_{n/2} < \epsilon(n, c, \lambda, H)$ for λ satisfying $\frac{n-2}{n-1}(c + H^2) < \lambda \leq c + H^2$, then M is the totally umbilical sphere $\mathbb{S}^n(\frac{1}{\sqrt{c+H^2}})$. Here H is the norm of the parallel mean curvature of M, and $\epsilon(n, c, \lambda, H)$ is a positive constant depending only on n, c, λ and H. This extends part of the earlier work of [16] from pointwise Ricci curvature lower bound to integral Ricci curvature lower bound.

1. INTRODUCTION

There is a long history of studying rigidity phenomenon for submanifolds under certain curvature pinching conditions. A lot of a rigidity theorems for closed minimal submanifolds in a sphere were proved by Simons, Chern-do Carmo-Kobayashi, Lawson, Yau and others (see [3–5,7–10,12–14,20,21]). Let $\mathbb{S}^n(r)$ and \mathbb{M}_c^{n+p} denote the *n*-dimensional sphere with radius *r* and the (n + p)-dimensional (simply-connected) space form with constant curvature *c* respectively, and we will omit the radius *r* and just denote \mathbb{S}^n if r = 1 for simplicity. In 1979, Ejiri proved the following theorem.

Theorem 1.1 ([4]). Let M be an n-dimensional ($n \ge 4$) simply connected compact orientable minimal submanifold immersed in \mathbb{S}^{n+p} . If $\operatorname{Ric}^M \ge n-2$, then M is either the totally geodesic submanifold \mathbb{S}^n , the Clifford torus $\mathbb{S}^m(\sqrt{1/2}) \times \mathbb{S}^m(\sqrt{1/2})$ in \mathbb{S}^{n+1} with n = 2m, or $\mathbb{C}P_{4/3}^2$ in \mathbb{S}^7 . Here $\mathbb{C}P_{4/3}^2$ denotes the 2-dimensional complex projective space minimally immersed in \mathbb{S}^7 with constant holomorphic sectional curvature 4/3.

In 1992, Shen [13] proved that any 3-dimensional compact orientable minimal submanifold M immersed in \mathbb{S}^{3+p} with $\operatorname{Ric}^M > 1$ must be totally geodesic. Later, Li [10] improved the pinching constant in Ejiri's theorem for odd-dimensional cases. In 2011, Xu and Tian [17] pointed out the assumption that M is simply connected in Ejiri's theorem can be removed. In 2013, Xu and Gu proved the following generalized Ejiri rigidity for compact submanifolds with parallel mean curvature in space forms.

Theorem 1.2 (Theorem 3.3 in [16]). Let M be an n-dimensional $(n \geq 3)$ compact orientable submanifold with parallel mean curvature in the space form \mathbb{M}_c^{n+p} with $c+H^2 > 0$. Here H is the norm of the parallel mean curvature of M. If $\operatorname{Ric}^M \geq (n-2)(c+H^2)$, then M is either a totally umbilical sphere $\mathbb{S}^n(\frac{1}{\sqrt{c+H^2}})$, the Clifford torus $\mathbb{S}^m(\frac{1}{\sqrt{2(c+H^2)}}) \times$

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$$\mathbb{S}^{m}(\frac{1}{\sqrt{2(c+H^{2})}}) \text{ in the totally umbilical sphere } \mathbb{S}^{n+1}(\frac{1}{\sqrt{c+H^{2}}}) \text{ with } n = 2m, \text{ or } \mathbb{C}P^{2}_{\frac{4}{3}(c+H^{2})} \text{ in } \mathbb{S}^{7}(\frac{1}{\sqrt{c+H^{2}}}).$$

In particular, this gives

Corollary 1.3 (Corollary 3.4 in [16]). Let M be an $n \geq 3$ -dimensional oriented compact submanifold with parallel mean curvature in \mathbb{M}_c^{n+p} with $c+H^2 > 0$. If $Ric^M > (n-2)(c+H^2)$, then M is the totally umbilical sphere $\mathbb{S}^n(\frac{1}{\sqrt{c+H^2}})$.

Note that the curvature conditions in both original and generalized Ejiri theorems are pointwise lower Ricci curvature bounds. It is natural to ask that if we can improve the pinching condition. In odd-dimensional case, the pinching constant can be lowered down (see Li [10], Xu-Leng-Gu [18]'s results). In this paper, we will consider the integral Ricci curvature condition instead of the pointwise Ricci curvature condition.

For each $x \in M$, let $\rho(x)$ be the smallest eigenvalue of the Ricci tensor at x, and $\operatorname{Ric}_{-}^{\lambda}(x) = \max\{0, (n-1)\lambda - \rho(x)\}$ for $\lambda \in \mathbb{R}$. Define

$$\|\operatorname{Ric}_{-}^{\lambda}\|_{q} := \left(\int_{M} (\operatorname{Ric}_{-}^{\lambda})^{q}\right)^{1/q},$$

which measures the amount of Ricci curvature lying below the given bound $(n-1)\lambda$. It is easy to see that $\|\operatorname{Ric}_{-}^{\lambda}\|_{q} = 0$ if and only if $\operatorname{Ric}^{M} \geq (n-1)\lambda$.

Now we can state our main theorems.

Theorem 1.4. Let M be an n-dimensional $(n \ge 4)$ minimal closed submanifold in $\mathbb{S}^{n+p}(r)$. Given λ satisfying $(n-2)/r^2 < (n-1)\lambda \le (n-1)/r^2$, if

$$\|\operatorname{Ric}_{-}^{\lambda}\|_{n/2} < \epsilon_{r}(n,\lambda),$$

then M is totally geodesic. Here $\epsilon_r(n, \lambda)$ is an explicit constant defined in (3.8).

In [11] Petersen and the second author established the fundamental comparison tools, the Laplacian and Bishop-Gromov volume comparisons, for integral Ricci curvature lower bound when $q > \frac{n}{2}$. Here we only require smallness of the integral curvature for $q = \frac{n}{2}$ as the manifold is special.

Remark 1.5. For a minimal submanifold M in $\mathbb{S}^{n+p}(r)$, the Ricci curvature of M has the upper bound $(n-1)/r^2$ from (2.5) in Section 2. That is why we limit the range of λ in Theorem 1.4.

Theorem 1.4 is a special case of the following result.

Theorem 1.6. Let M be an n-dimensional $(n \ge 4)$ closed submanifold in \mathbb{M}_c^{n+p} with parallel mean curvature (PMC). Denote H the norm of the parallel mean curvature of M. Assume $c + H^2 > 0$. Given λ satisfying $(n-2)(c+H^2) < (n-1)\lambda \le (n-1)(c+H^2)$, if

$$\|\operatorname{Ric}_{-}^{\lambda}\|_{n/2} < \epsilon(n, c, \lambda, H),$$

then M is the totally umbilical sphere $\mathbb{S}^n(\frac{1}{\sqrt{c+H^2}})$. Here $\epsilon(n, c, \lambda, H)$ is an explicit constant defined in (4.3).

This generalizes Corollary 1.3 for $n \ge 4$.

Remark 1.7. For any q > n/2, we have $\|\operatorname{Ric}_{-}^{\lambda}\|_{n/2} \leq (\operatorname{vol}(M))^{\frac{2}{n}-\frac{1}{q}}\|\operatorname{Ric}_{-}^{\lambda}\|_{q}$ by the Hölder inequality. Aubry [1] shows that $\operatorname{vol}(M)$ is bounded from the above by a quantity in terms of $\|\operatorname{Ric}_{-}^{\lambda}\|_{q}$ for $\lambda > 0$. So when $\|\operatorname{Ric}_{-}^{\lambda}\|_{q}$ is small enough, we have $\|\operatorname{Ric}_{-}^{\lambda}\|_{n/2} < \epsilon(n, c, \lambda, H)$. Hence, given q > n/2, the conclusion of Theorem 1.6 still holds if $\|\operatorname{Ric}_{-}^{\lambda}\|_{q} < \epsilon(n, q, c, \lambda, H)$ for some constant $\epsilon(n, q, c, \lambda, H)$.

Remark 1.8. Xu [15] proved that, for an $n \geq 3$ -dimensional closed M with parallel mean curvature in the unit sphere \mathbb{S}^{n+p} , if $||S - nH^2||_{n/2} < C(n, p, H)$, then M is $\mathbb{S}^n(\frac{1}{\sqrt{1+H^2}})$. From (2.6), $S - nH^2 = n(n-1)(1+H^2) - R$. Here S is the norm of the second fundamental form and R is the scalar curvature. Hence Xu's result is an integral perturbation of scalar curvature while our result is an integral perturbation of Ricci curvature. On the other hand while $R \leq n(n-1)(1+H^2)$, it is not clear if $\text{Ric} \leq (n-1)(1+H^2)$ when $H \neq 0$.

The paper is organized as follows. In Section 2 we introduce the notations and recall a few results from [15] which we will need. In Section 3 we prove Theorem 1.4, the starting point is the Simons' identity. In Section 4 we prove Theorem 1.6 by first showing it is pseudo-umbilical, then reducing it to Theorem 1.4 with dimension reduction.

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2. Preliminaries

In this paper, we will use the following convention on the ranges of indices except special declaration:

$$1 \le A, B, C, \dots \le n + p; \quad 1 \le i, j, k, \dots \le n; \quad n + 1 \le \alpha, \beta, \gamma, \dots \le n + p.$$

Assume that M^n is immersed in N^{n+p} . We choose a local orthonormal frame $\{e_1, \dots, e_{n+p}\}$ such that $\{e_1, \dots, e_n\}$ are tangent to M and $\{e_{n+1}, \dots, e_{n+p}\}$ are normal to M when restricted to M. Let $\{\omega_A\}$ be the dual coframe. Denote

$$h=\sum_{i,j,lpha}h^lpha_{ij}\omega_i\otimes\omega_j\otimes e_lpha$$

the second fundamental form of M immersed in N, and define

$$A_{\alpha} = (h_{ij}^{\alpha}), \quad H^{\alpha} = \frac{\operatorname{tr} A_{\alpha}}{n}, \quad \mathbf{H} = \sum_{\alpha} H^{\alpha} e_{\alpha}, \quad H = |\mathbf{H}| = \sqrt{\sum_{\alpha} (H^{\alpha})^2}, \quad S = \sum_{i,j,\alpha} (h_{ij}^{\alpha})^2.$$

It is well known that when $N = \mathbb{M}_{c}^{n+p}$, Gauss, Codazzi and Ricci equations are given by:

(2.1)
$$R_{ijkl} = c(\delta_{ik}\delta_{jl} - \delta_{il}\delta_{jk}) + \sum_{\alpha} (h^{\alpha}_{ik}h^{\alpha}_{jl} - h^{\alpha}_{il}h^{\alpha}_{jk}),$$

(2.2)
$$h_{ijk}^{\alpha} = h_{ikj}^{\alpha},$$

(2.3)
$$R_{\alpha\beta ij}^{\perp} = \sum_{k} h_{ik}^{\alpha} h_{kj}^{\beta} - \sum_{k} h_{ik}^{\beta} h_{kj}^{\alpha},$$

where R_{ijkl} and h_{ijk}^{α} are the components of Riemannian curvature of M and covariant derivative of h_{ij}^{α} under the orthonormal frame respectively. The Ricci identity shows that

(2.4)
$$h_{ijkl}^{\alpha} - h_{ijlk}^{\alpha} = \sum_{m} R_{mikl} h_{mj}^{\alpha} + \sum_{m} R_{mjkl} h_{im}^{\alpha} + \sum_{\beta} R_{\beta\alpha kl}^{\perp} h_{ij}^{\beta}$$

From (2.1), we can get the Ricci curvature and the scalar curvature respectively as follows:

(2.5)
$$R_{ij} = c(n-1)\delta_{ij} + n\sum_{\alpha} H^{\alpha}h^{\alpha}_{ij} - \sum_{\alpha,k} h^{\alpha}_{ik}h^{\alpha}_{kj},$$

(2.6)
$$R = cn(n-1) + n^2 H^2 - S$$

Since $S \ge nH^2$, we have $R \le n(n-1)(c+H^2)$. When H = 0, $\operatorname{Ric} \le (n-1)c$.

Next, we recall some results which will be used to prove the main theorems. Using a Sobolev inequality in [6], Xu proved the following inequality.

Proposition 2.1 (cf. [15]). Let $M^n (n \ge 3)$ be a closed submanifold in N^{n+p} . Suppose N is a simply connected and complete manifold with non-positive curvature. Then for all t > 0 and $f \in C^1(M), f \ge 0$, we have

$$\int_{M} |\nabla f|^2 \ge \mathfrak{A}(n,t) \left(\int_{M} f^{\frac{2n}{n-2}} \right)^{\frac{n-2}{n}} - \mathfrak{B}(n,t) \int_{M} H^2 f^2,$$

where

(2.7)

$$\mathfrak{A}(n,t) = \frac{(n-2)^2}{4(n-1)^2(1+t)} \frac{1}{C^2(n)}, \quad \mathfrak{B}(n,t) = \frac{(n-2)^2}{4(n-1)^2t}, \quad C(n) = 2^n \frac{(n+1)^{1+1/n}}{(n-1)\omega_n^{1/n}},$$

and ω_n is the volume of the unit ball in \mathbb{R}^n .

Now we can prove the following lemma.

Lemma 2.2. Let $M^n (n \ge 3)$ be a closed submanifold in \mathbb{M}^{n+p}_c . Then for all t > 0 and $f \in C^1(M), f \ge 0$, we have

$$\int_{M} |\nabla f|^2 \ge \mathfrak{A}(n,t) \left(\int_{M} f^{\frac{2n}{n-2}} \right)^{\frac{n-2}{n}} - \mathfrak{B}(n,t) \int_{M} (c_+ + H^2) f^2,$$

where

$$c_{+} := \max\{c, 0\} = \begin{cases} c, & \text{if } c \ge 0; \\ 0, & \text{if } c \le 0. \end{cases}$$

Proof. When $c \leq 0$, it is directly from Proposition 2.1.

When c > 0, considering the composition of isometric immersions $M \to \mathbb{S}^{n+p}(1/\sqrt{c}) \to \mathbb{R}^{n+p+1}$, we obtain the conclusion from Proposition 2.1 (cf. [15, 19]).

3. MINIMAL CASE

In this section, we prove Theorem 1.4.

Proof of Theorem 1.4. At first, we assume that r = 1. Since $\lambda > \frac{n-2}{n-1}$, we can set $\Lambda := (n-1)\lambda = (n-2) + \delta$ for some $\delta > 0$.

Gauss equation (2.6) gives R = n(n-1) - S. Since $R \ge n\rho$ (recall ρ is the smallest eigenvalue of the Ricci tensor), we have

$$\frac{S-n}{n} \le (n-2) - \rho$$

By definition,

(3.2)
$$(n-2) - \rho = -\delta + (\Lambda - \rho) \le -\delta + \operatorname{Ric}_{-}^{\lambda}.$$

Using (2.1)–(2.4), after a direct computation, we can obtain the well-known Simons' identity for a minimal submanifold M in the unit sphere \mathbb{S}^{n+p} (cf. [4,14])

$$(3.3)$$

$$\frac{1}{2}\Delta S = \sum_{i,j,k,\alpha} (h_{ijk}^{\alpha})^{2} + n \sum_{i,j,\alpha} (h_{ij}^{\alpha})^{2} - \sum_{i,j,k,l,\alpha,\beta} h_{ij}^{\alpha} h_{ij}^{\beta} h_{kl}^{\alpha} h_{kl}^{\beta} - \sum_{i,j,\alpha,\beta} \left(\sum_{k} h_{ik}^{\alpha} h_{kj}^{\beta} - h_{jk}^{\alpha} h_{ki}^{\beta} \right)^{2}$$

$$= |\nabla h|^{2} + nS - \sum_{\alpha,\beta} N([A_{\alpha}, A_{\beta}]) - \sum_{\alpha,\beta} \sigma_{\alpha\beta}^{2},$$

where $[A_{\alpha}, A_{\beta}] = A_{\alpha}A_{\beta} - A_{\beta}A_{\alpha}, \sigma_{\alpha\beta} = \sum_{i,j} h_{ij}^{\alpha}h_{ij}^{\beta}$, and $N(\Omega) = tr(\Omega^{t}\Omega)$ is the norm of matrix Ω .

We claim

(3.4)
$$\sum_{\alpha,\beta} N([A_{\alpha}, A_{\beta}]) \le 4[(n-1) - \rho]S - \frac{4}{n} \sum_{\alpha} (N(A_{\alpha}))^2,$$

(3.5)
$$\sum_{\alpha,\beta} \sigma_{\alpha\beta}^2 = \sum_{\alpha} (N(A_{\alpha}))^2 \le (\sum_{\alpha} N(A_{\alpha}))^2 = S^2.$$

(3.5) is obvious, and we use the same argument in [4] to prove (3.4).

For a fixed α , we choose $\{e_i\}$ such that A_{α} is diagonalized, $A_{\alpha} = \text{diag}\{\lambda_1^{\alpha}, \dots, \lambda_n^{\alpha}\}$, then (2.5) gives

$$\sum_{j} \sum_{\beta \neq \alpha} (h_{ij}^{\beta})^2 \le (n-1) - \rho - (\lambda_i^{\alpha})^2 \quad \text{for each } i,$$

and

$$\begin{split} \sum_{\beta} N([A_{\alpha}, A_{\beta}]) &= \sum_{\beta \neq \alpha} N([A_{\alpha}, A_{\beta}]) = \sum_{\beta \neq \alpha} \sum_{i,j} (h_{ij}^{\beta})^2 (\lambda_i^{\alpha} - \lambda_j^{\alpha})^2 \\ &\leq 2 \sum_{i,j} \sum_{\beta \neq \alpha} (h_{ij}^{\beta})^2 \Big((\lambda_i^{\alpha})^2 + (\lambda_j^{\alpha})^2 \Big) = \sum_{i,j} \sum_{\beta \neq \alpha} 4(h_{ij}^{\beta})^2 (\lambda_i^{\alpha})^2 \\ &\leq 4 \sum_i [(n-1) - \rho - (\lambda_i^{\alpha})^2] (\lambda_i^{\alpha})^2 \\ &= 4[(n-1) - \rho] N(A_{\alpha}) - 4N(A_{\alpha}^2). \end{split}$$

Now making summation over α , we have

$$\sum_{\alpha,\beta} N([A_{\alpha}, A_{\beta}]) \le 4[(n-1) - \rho]S - \frac{4}{n} \sum_{\alpha} (N(A_{\alpha}))^2,$$

here we used the Cauchy-Schwarz inequality. This completes the proof of (3.4).

Therefore, from (3.3), (3.4) and (3.5), we have $\frac{1}{2}\Delta S \ge |\nabla h|^2 + Q$, where

$$Q := S \left[n - 4((n-1) - \rho) + \frac{4-n}{n} S \right]$$

= $\frac{n-S}{n} (n-4)S - 4((n-2) - \rho)S$
 $\geq -(n-4)((n-2) - \rho)S - 4((n-2) - \rho)S$
= $-n((n-2) - \rho)S$.

Here we used (3.1) for the inequality.

From (3.2) we have

(3.6)
$$\int_{M} Q \ge n\delta \int_{M} S - n \int_{M} \operatorname{Ric}_{-}^{\lambda} S \\ \ge n\delta \int_{M} S - n \|\operatorname{Ric}_{-}^{\lambda}\|_{n/2} \|S\|_{n/(n-2)},$$

here we used Hölder's inequality in (3.6).

To deal with the term $|\nabla h|^2$, we need the following Kato-type inequality.

Lemma 3.1 (cf. Lemma 1 in [15]). Let M^n be a minimal submanifold in \mathbb{S}^{n+p} . Set $h_{\epsilon} = (S + np\epsilon^2)^{1/2}$ for any constant $\epsilon \neq 0 \in \mathbb{R}$.

Then we have

(3.7)
$$|\nabla h|^2 = \sum_{\alpha, i, j, k} (h_{ijk}^{\alpha})^2 \ge \frac{n+2}{n} |\nabla h_{\epsilon}|^2$$

Remark 3.2. In fact, Lemma 3.1 remains true when the ambient space is \mathbb{M}^{n+p}_{c} .

Here one adds the ϵ term to make sure the radicand is strictly positive, so one can apply Lemma 2.2 to the function h_{ϵ} .

Now we continue the proof. From (3.7) and Lemma 2.2, we have

$$\int_{M} |\nabla h|^{2} \geq \int_{M} \frac{n+2}{n} |\nabla h_{\epsilon}|^{2}$$
$$\geq \frac{n+2}{n} \mathfrak{A}(n,t) \|h_{\epsilon}^{2}\|_{n/(n-2)} - \frac{n+2}{n} \mathfrak{B}(n,t) \int_{M} h_{\epsilon}^{2},$$

where $\mathfrak{A}(n,t), \mathfrak{B}(n,t)$ are defined as in (2.7). Letting $\epsilon \to 0$, we have

$$\int_{M} |\nabla h|^2 \geq \frac{n+2}{n} \mathfrak{A}(n,t) \|S\|_{n/(n-2)} - \frac{n+2}{n} \mathfrak{B}(n,t) \int_{M} S(n,t) \int_{M} S(n$$

Then choosing t_0 such that $\frac{n+2}{n}\mathfrak{B}(n,t_0) = n\delta$ and from above inequalities, we have

$$0 = \int_{M} \frac{1}{2} \Delta S \ge \left(\frac{n+2}{n} \mathfrak{A}(n, t_{0}) - n \|\operatorname{Ric}_{-}^{\lambda}\|_{n/2}\right) \|S\|_{n/(n-2)} \ge 0$$

provided $\|\operatorname{Ric}_{-}^{\lambda}\|_{n/2} < \frac{n+2}{n^2} \mathfrak{A}(n, t_0)$. Hence we have $S \equiv 0$, i.e. M is totally geodesic if we set $\epsilon(n, \lambda) = \frac{n+2}{n^2} \mathfrak{A}(n, t_0)$.

Now set $\epsilon_r(n, \lambda) = \epsilon(n, \lambda r^2)$, we can prove the theorem for arbitrary r > 0 by rescaling.

Remark 3.3. In fact,

(3.8)
$$\epsilon_r(n,\lambda) = \epsilon(n,\lambda r^2) = \frac{P_n}{1 + \frac{1/r^2}{(n-1)\lambda - (n-2)/r^2}P_n} \cdot \frac{1}{C^2(n)}.$$

where $P_n = \frac{(n+2)(n-2)^2}{4n^2(n-1)^2}$. It is easy to see that $\epsilon(n,\lambda) \to 0^+$ as $\lambda \to (\frac{n-2}{n-1})^+$.

4. PARALLEL MEAN CURVATURE CASE

In this section, we will prove Theorem 1.6. First we prove the following proposition.

Proposition 4.1. Let M be an n-dimensional $(n \ge 3)$ submanifold in \mathbb{M}_c^{n+p} with parallel mean curvature. Assume $c + H^2 > 0$ and $H \ne 0$. For each λ satisfying $(n-2)(c+H^2) < (n-1)\lambda \le (n-1)(c+H^2)$, if

$$\|\operatorname{Ric}_{-}^{\lambda}\|_{n/2} < \epsilon(n, c, \lambda, H),$$

then M is pseudo-umbilical.

Remark 4.2. (1) We recall that (cf. Page 43 in [2]) M is called pseudo-umbilical (resp. totally umbilical) if

$$\langle h(X,Y), \mathbf{H} \rangle = H^2 \langle X, Y \rangle \ (resp. \ h(X,Y) = \langle X, Y \rangle \mathbf{H})$$

for all tangent vector fields X, Y on M.

(2) When the codimension p = 1, "pseudo-umbilical" is just "totally umbilical".

(3) When **H** is nowhere zero, we always choose $e_{n+1} = \mathbf{H}/H$, and $\{e_i\}$ diagonalizing A_{n+1} , i.e. $h_{ij}^{n+1} = \lambda_i^{n+1} \delta_{ij}$. Denote

$$S_H = \sum_{i,j} (h_{ij}^{n+1})^2, \quad \mu_i^{n+1} = H - \lambda_i^{n+1}, \quad B_2 = S_H - nH^2 = \sum_i (\mu_i^{n+1})^2.$$

It is easy to check that M is pseudo-umbilical if and only if $B_2 = 0$; M is totally umbilical if and only if $B_2 = 0$ and $\sum_{i,j:\alpha \neq n+1} (h_{ij}^{\alpha})^2 = 0$.

Proof. Set $\Lambda := (n-1)\lambda = (n-2)(c+H^2) + \delta$ for some $\delta > 0$. From Gauss equation we have

(4.1)
$$S - nH^2 \le n \left[(n-1)(c+H^2) - \rho \right] \le n \left[-\delta + (c+H^2) + \operatorname{Ric}_{-}^{\lambda} \right].$$

By some direct computations (see (3.7) in [16] for details), we obtain the following estimate:

$$\frac{1}{2}\Delta S_H \ge \sum_{i,j,k} (h_{ijk}^{n+1})^2 + B_2 Q,$$

where

$$Q = n(c+H^2) - \frac{n-3}{n-2}(S-nH^2) - \frac{1}{n-2}n[(n-1)(c+H^2) - \rho].$$

There is an analogous version of Lemma 3.1 for submanifolds with parallel mean curvature.

Lemma 4.3 (cf. Lemma 1 in [15]). Let M^n be a submanifold with parallel mean curvature in \mathbb{M}_c^{n+p} . Assume that $H \neq 0$. Set $f_{\epsilon} = (S_H - nH^2 + n\epsilon^2)^{1/2}$ for any constant $\epsilon \neq 0 \in \mathbb{R}$. Then

(4.2)
$$\sum_{i,j,k} (h_{ijk}^{n+1})^2 \ge \frac{n+2}{n} |\nabla f_{\epsilon}|^2.$$

Now similar as in the proof of Theorem 1.4, by using (4.1), (4.2) and Lemma 2.2, we have

$$\int_{M} B_2 Q \ge n\delta \int_{M} B_2 - n \|\operatorname{Ric}_{-}^{\lambda}\|_{n/2} \|B_2\|_{n/(n-2)}.$$
$$\int_{M} \sum_{i,j,k} (h_{ijk}^{n+1})^2 \ge \frac{n+2}{n} \mathfrak{A}(n,t) \|B_2\|_{n/(n-2)} - \frac{n+2}{n} \mathfrak{B}(n,t)(c_+ + H^2) \int_{M} B_2.$$

Choose t_1 such that $\frac{n+2}{n}\mathfrak{B}(n,t_1)(c_++H^2)=n\delta$, then

$$0 = \int_{M} \frac{1}{2} \Delta S_{H} \ge \left(\frac{n+2}{n} \mathfrak{A}(n,t_{1}) - n \|\operatorname{Ric}_{-}^{\lambda}\|_{n/2}\right) \|B_{2}\|_{n/(n-2)} \ge 0$$

provided $\|\operatorname{Ric}_{-}^{\lambda}\|_{n/2} < \frac{n+2}{n^2}\mathfrak{A}(n,t_1)$. Hence we have $B_2 \equiv 0$, i.e. M is pseudo-umbilical if we set $\epsilon(n,c,\lambda,H) = \frac{n+2}{n^2}\mathfrak{A}(n,t_1)$.

Remark 4.4. In fact,

(4.3)
$$\epsilon(n, c, \lambda, H) = \frac{P_n}{1 + \frac{c_+ + H^2}{(n-1)\lambda - (n-2)(c+H^2)}P_n} \cdot \frac{1}{C^2(n)},$$

where c_+ is defined as in Lemma 2.2.

We also have $\epsilon(n, c, \lambda, H) = \epsilon_{1/\sqrt{c+H^2}}(n, \lambda)$ for $c \ge 0$, and $\epsilon(n, c, \lambda, H) < \epsilon_{1/\sqrt{c+H^2}}(n, \lambda)$ for c < 0 from Remark 3.3.

Proof of Theorem 1.6. The proof is same as the proof of Theorem 3.3 in [16] and the following lemma on reduction of codimension due to Yau [20] will be used.

Lemma 4.5 (Theorem 1 in [20]). Let N be a conformally flat manifold. Let N_1 be a sub-bundle of the normal bundle of M with fiber dimension k. Suppose M is umbilical with respect to N_1 and N_1 is parallel in the normal bundle. Then M lies in an n + p - k dimensional umbilical submanifold N' of N such that the fiber of N_1 is everywhere perpendicular to N'.

When H = 0, that is Theorem 1.4.

When $H \neq 0$. If p = 1, then the conclusion is from Proposition 4.1.

If $p \ge 2$, we can conclude M is a minimal submanifold in $\mathbb{S}^{n+p-1}(\frac{1}{\sqrt{c+H^2}})$. The detail can be found in [16], but we restate it briefly for convenience of the reader. From Lemma 4.5, M actually lies in $\mathbb{M}^{n+p-1}_{\tilde{c}}$. Then **H** is decomposed orthogonally into two parts

$$\mathbf{H}=\mathbf{H}_1+\mathbf{H}_2,$$

where \mathbf{H}_1 is the mean curvature of M in $\mathbb{M}^{n+p-1}_{\tilde{c}}$, and \mathbf{H}_2 is normal to $\mathbb{M}^{n+p-1}_{\tilde{c}}$ in \mathbb{M}^{n+p}_{c} . But $\mathbf{H} \perp \mathbf{H}_1$ from Lemma 4.5 again, we have $\mathbf{H}_1 = 0$, which means M is minimal in $\mathbb{M}^{n+p-1}_{\tilde{c}}$, and $H = |\mathbf{H}| = |\mathbf{H}_2|$. By Gauss equation we have $\tilde{c} = c + H^2$.

Since $\epsilon(n, c, \lambda, H) \leq \epsilon_{1/\sqrt{c+H^2}}(n, \lambda)$ from Remark 4.4, by applying Theorem 1.4, we conclude that $M = S^n(\frac{1}{\sqrt{c+H^2}})$, which is totally umbilical in \mathbb{M}_c^{n+p} .

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