

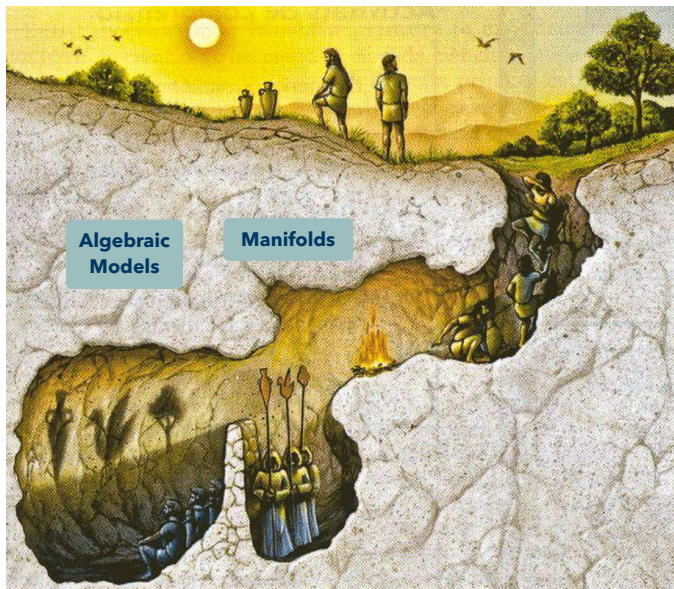
Volumes of Nullhomotopies in Nilpotent Spaces

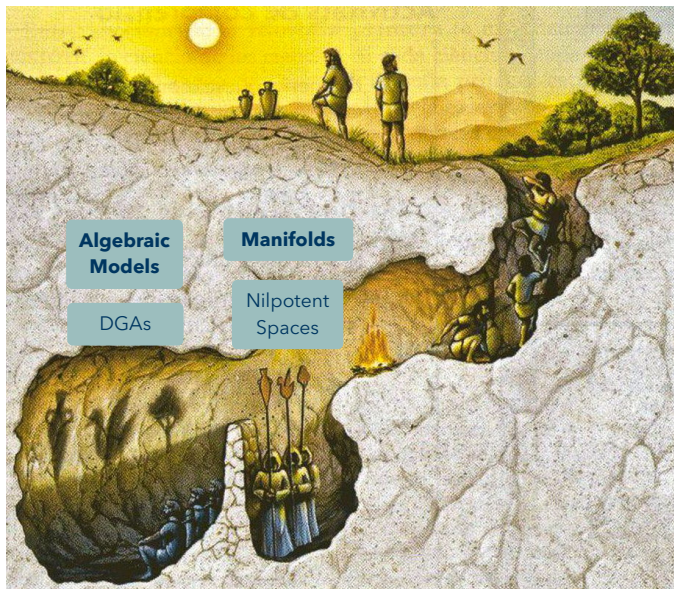
Kyle Hansen

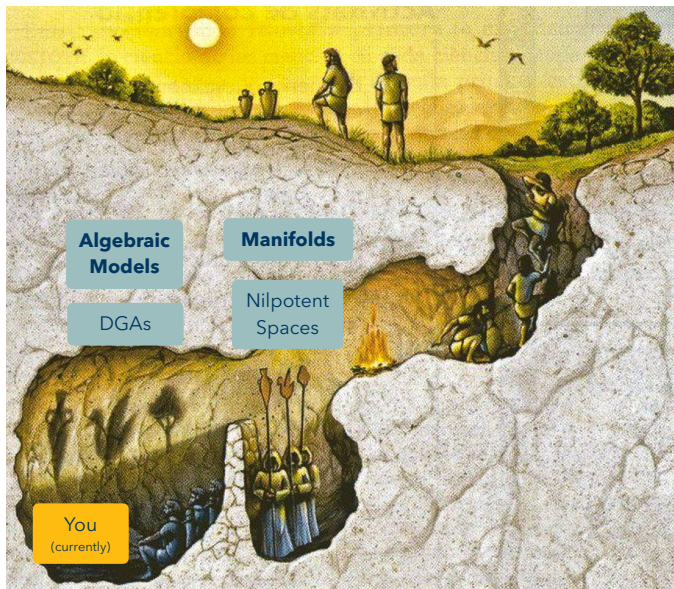
University of California, Santa Barbara

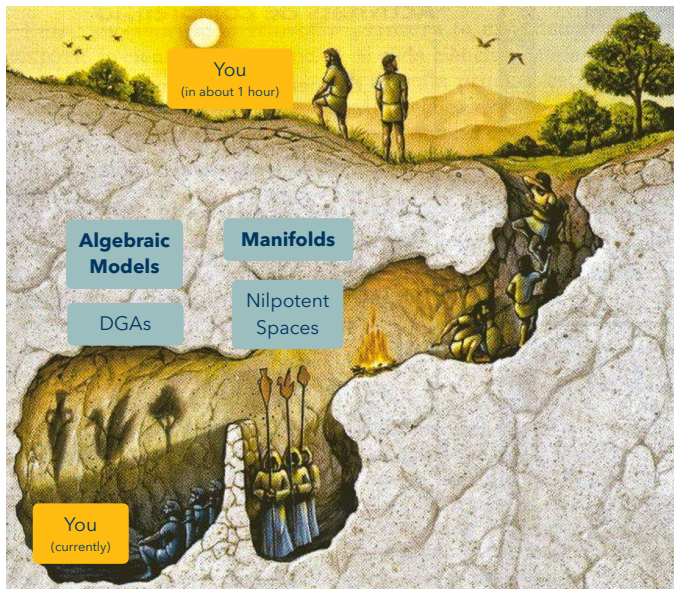
May 7, 2025











A Brief History

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 - ▶ Combinatorial Group Theory
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- Gromov (1980s+)
 - ▶ Geometric Group Theory
 - curvature
 - isoperimetry
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- Chambers, Guth, Manin, Weinberger, et al. (2010s+)
 - ▶ Quantitative Homotopy Theory
 - ▶ Shadowing Principle for simply connected spaces (Manin, 2019)

Definition

A group G is **c -step nilpotent** if

$$G =: G_0 \trianglerighteq G_1 \trianglerighteq \cdots \trianglerighteq G_c = \{1\}$$

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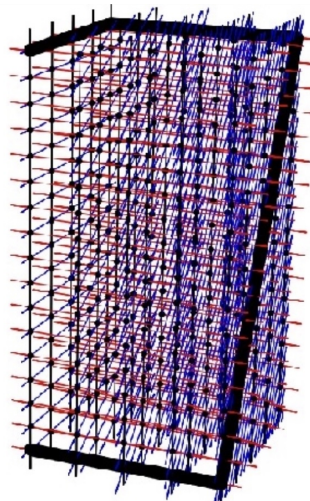
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Example

$$\mathbb{H}_{\mathbb{Z}}^3 = \langle X, Y, Z \mid [X, Y] = Z \rangle$$

$$\mathbb{H}^3 = \mathbb{H}_{\mathbb{R}}^3 = \left\{ \begin{bmatrix} 1 & x & z \\ 0 & 1 & y \\ 0 & 0 & 1 \end{bmatrix} \mid x, y, z \in \mathbb{R} \right\}$$



Definition (Combinatorial Dehn Function)

If w is a word reducing to $e \in G = \langle S \mid R \rangle$

$$\text{Area}(w) = \min \{ \# \text{applications of } R \text{ to reduce } w \}$$

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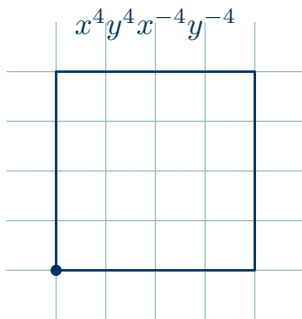
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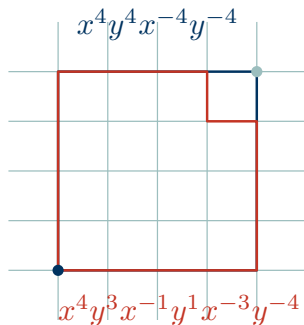


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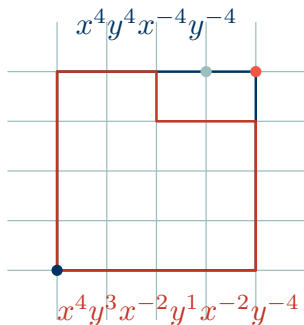


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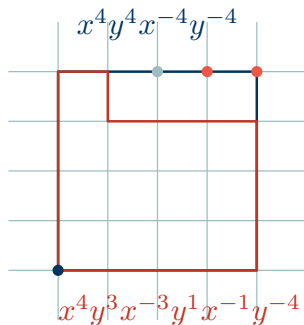


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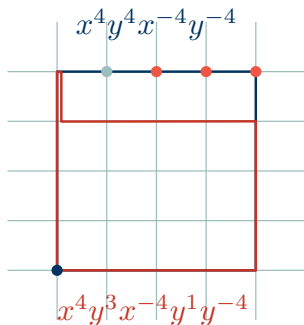


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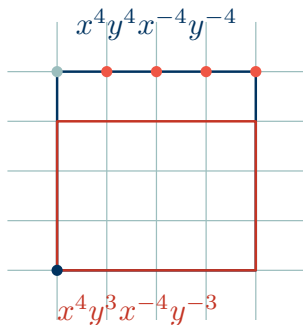


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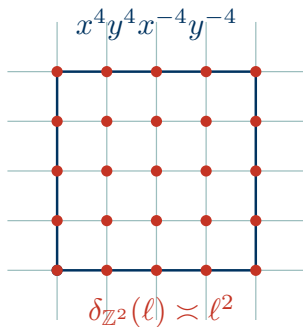


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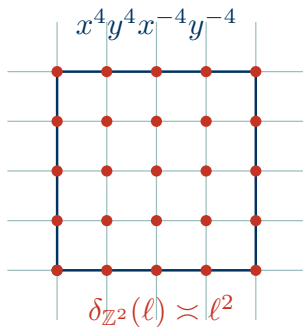


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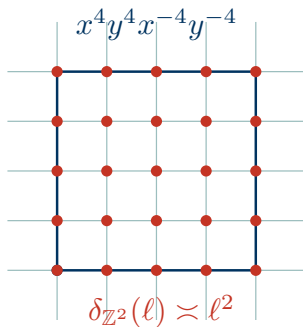
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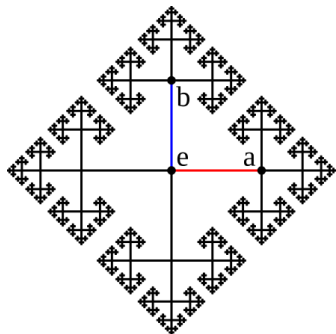
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Corollary

Mal'cev $\implies \delta_{\mathbb{G}}(\ell)$ is well-defined for $\mathbb{G}$ a rational nilpotent Lie group.

Example

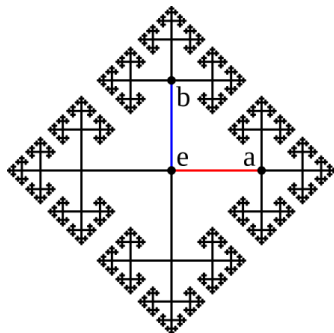
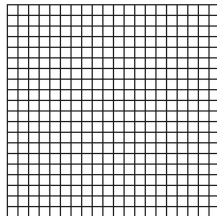
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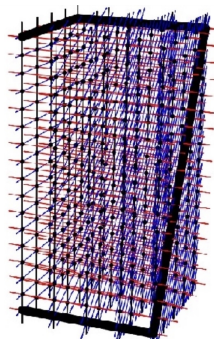
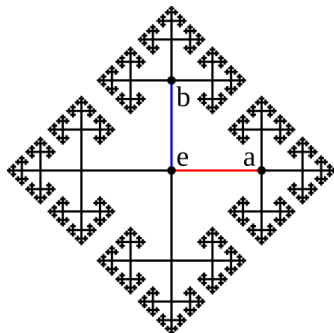
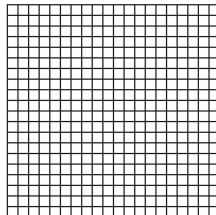


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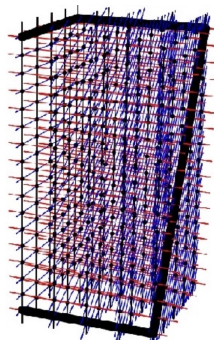
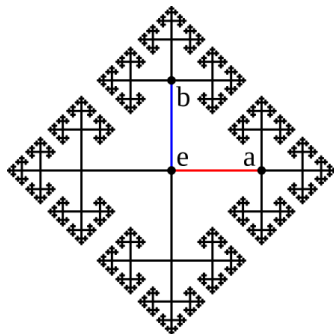
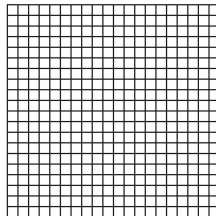
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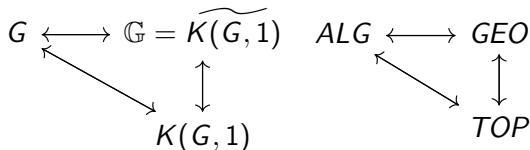
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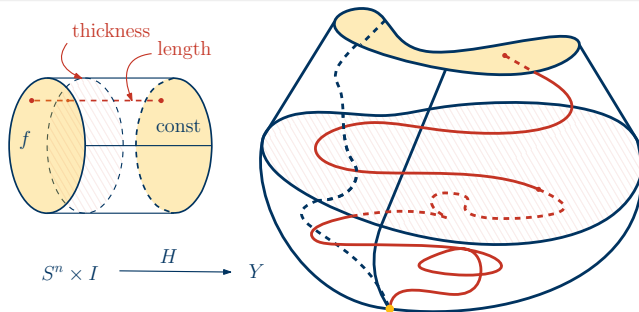
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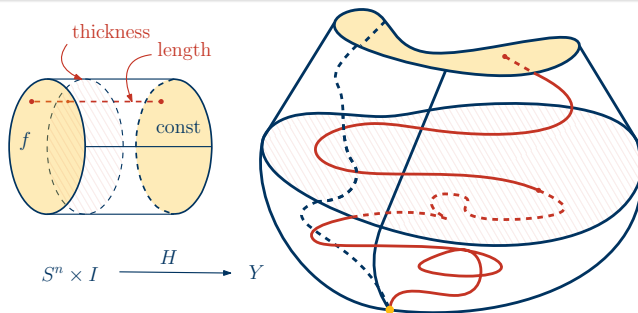
$$\text{thickness}(H) = \max \{ \text{Lip}(H|_{S^n \times \{t\}}) \mid t \in I \}$$



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Observation/Definition

$$\text{vol}(H) \lesssim \text{thickness}(H)^n \cdot \text{length}(H).$$

Definition (Higher Order Dehn Function)

Given $f \in C_{Lip}(S^n, Y)$ with $[f] = e \in \pi_n(Y)$,

$$FV(f) = \inf \{ \text{vol}(F) \mid F : S^n \times I \rightarrow Y \text{ is a nullhomotopy of } f \}$$

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Question

Can we bound $\delta_Y^n(L)$ using the topology of Y ?

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general theory: elementary extensions $\longleftrightarrow$ principal fibrations

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Idea

Study $\mathrm{DGA}_{\mathbb{Q}} \rightsquigarrow$ algorithmic processes $\rightsquigarrow$ complexity bounds.

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- $\mathcal{M}_{\text{Heis}}^* = \langle dx^{(1)}, dy^{(1)}, \zeta^{(1)} \mid d\zeta = dx \wedge dy \rangle$
 - ▶ $\text{Heis} = K(\mathbb{H}_{\mathbb{Z}}^3, 1)$

Definition

$$\begin{array}{ccc} K(G, n) & \longrightarrow & Y \\ & & \downarrow \\ & & B \end{array}$$

is a **principal $K(G, n)$ fibration** if $\pi_1(B)$ acts trivially on fibers.

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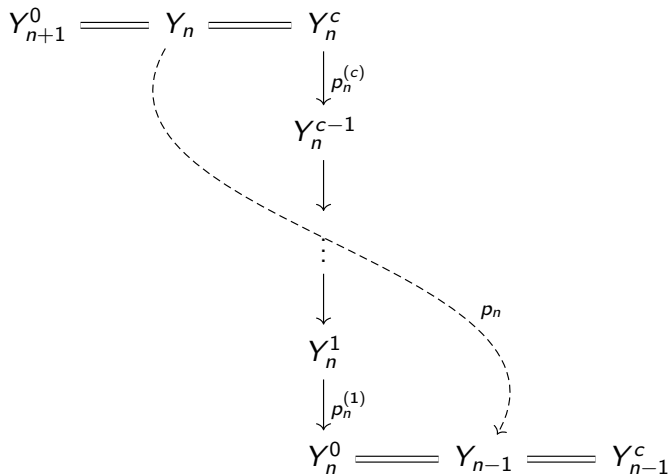
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Definition

Nilpotent space: inverse limit of principal $K(G, n)$ fibrations over $\{*\}$.

Postnikov Tower of a Nilpotent Space



Definition

$\Omega^*(B) \rightarrow \Omega^*(B) \otimes \wedge V_n$ is an **elementary extension** if $\text{im}(D|_{V_n}) \subseteq \Omega^*(B)$:

$$\begin{array}{ccc}
 (\wedge V_n, 0) & \longleftarrow & (\Omega^*(B) \otimes \wedge V_n, D) \\
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Minimal Sullivan DGA: dual to Postnikov tower of nilpotent space

Example

$$\begin{array}{ccc}
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 & & \uparrow \\
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 \end{array}$$

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Sullivan DGAs $\xleftrightarrow{\text{RHT}}$ nilpotent spaces

Idea: If Y is nilpotent...

Bounded nullhomotopies in DGA $\rightsquigarrow$ bounded nullhomotopies in TOP?

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A **homotopy** between $\phi, \psi : \mathcal{M}_Y^* \rightarrow \Omega^*(S^n)$ is a morphism

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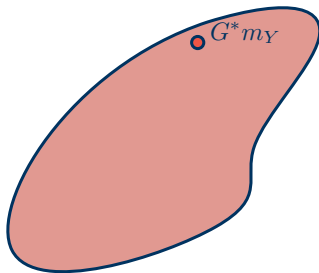
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The Shadowing Principle

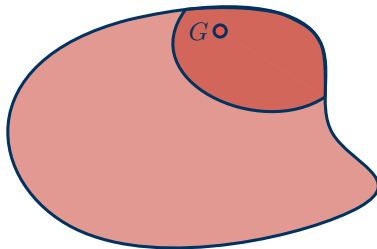
Interpretation

For distance $\leftrightarrow$ size of homotopies: Pullbacks of genuine maps in $\text{Map}(X, Y)$ have reasonably high density in $\text{Hom}(\mathcal{M}_Y^*, \Omega^*(X))$.

$\text{Hom}(\mathcal{M}_Y^*, \Omega^*(X))$



$\text{Map}(X, Y)$

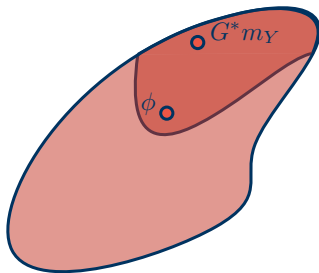


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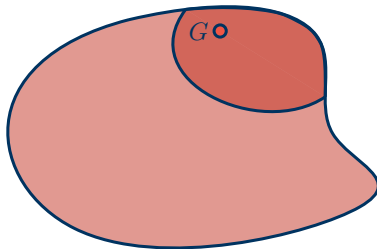
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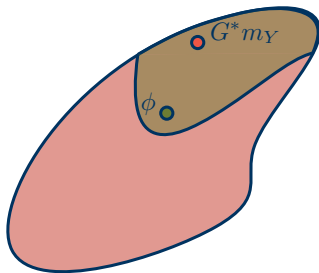


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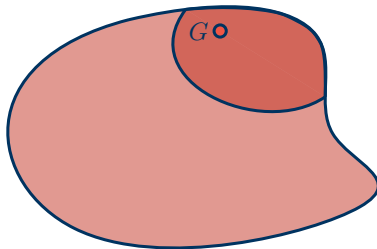
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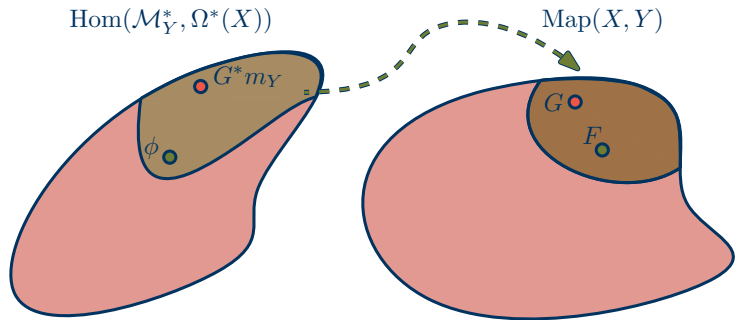
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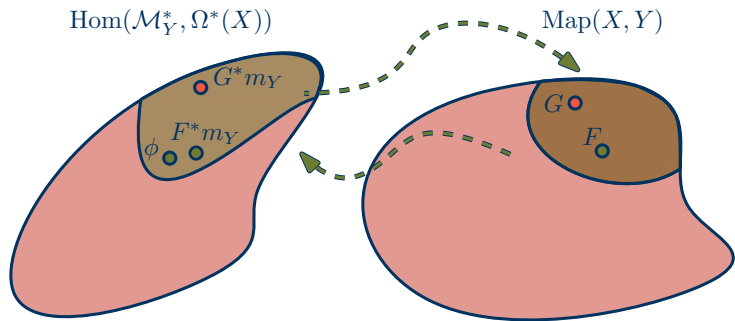
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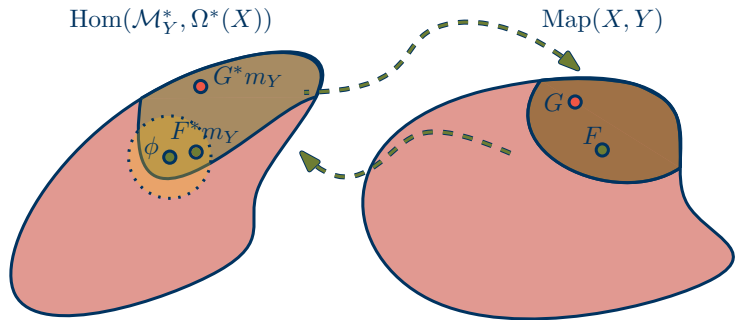
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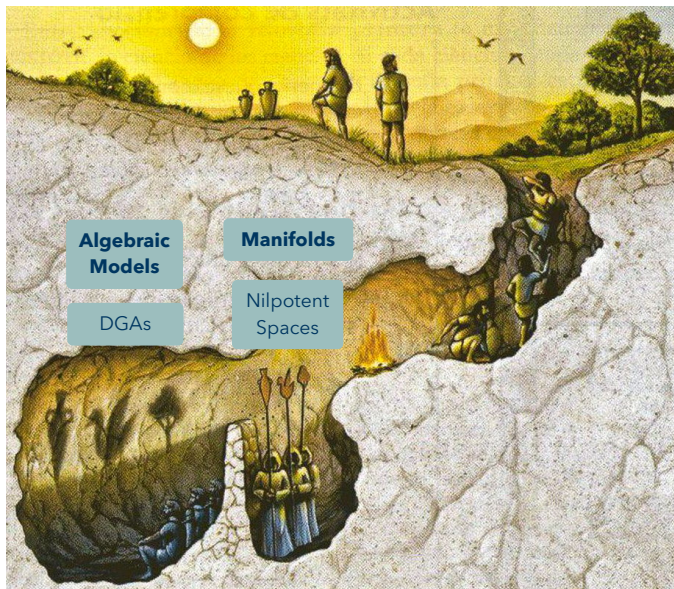


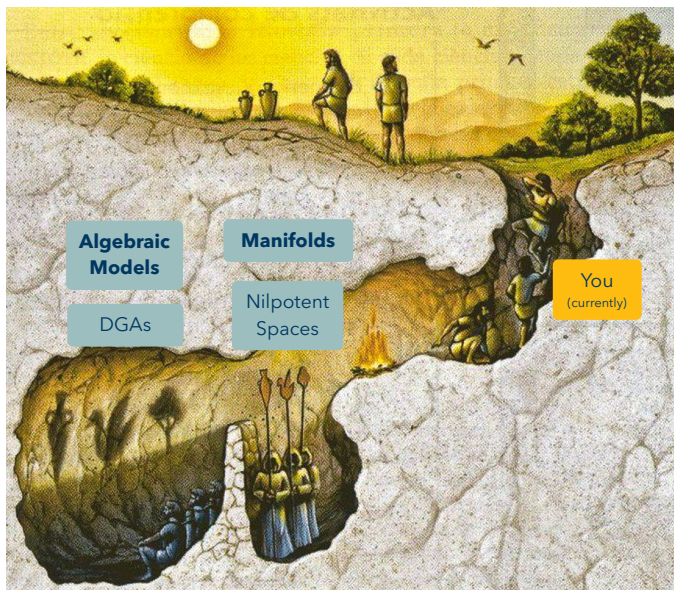
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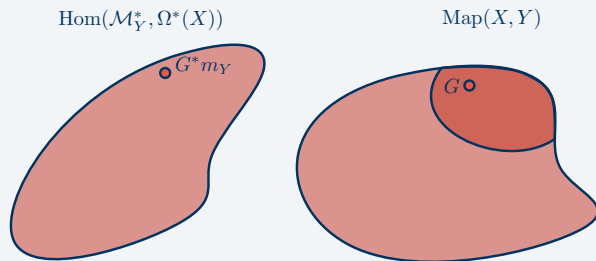






Theorem (H. 2025)

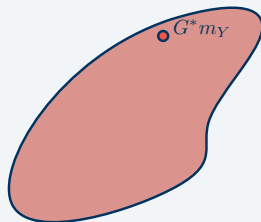
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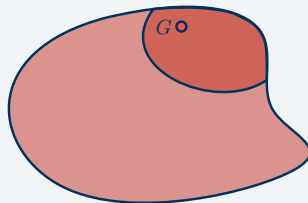
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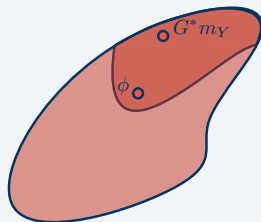


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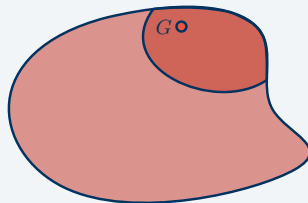
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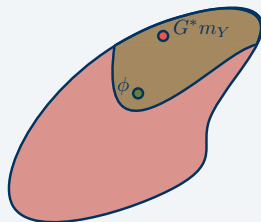


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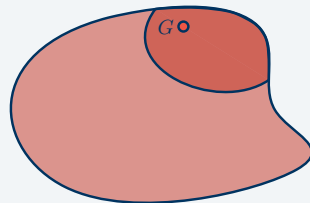
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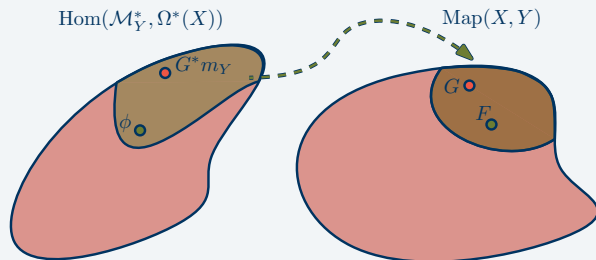
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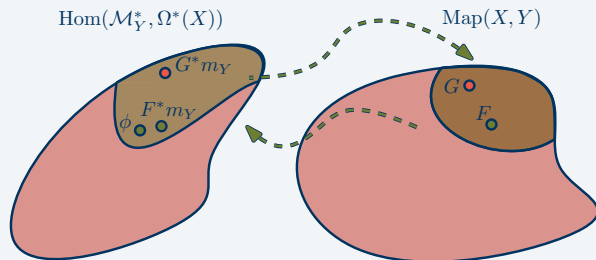


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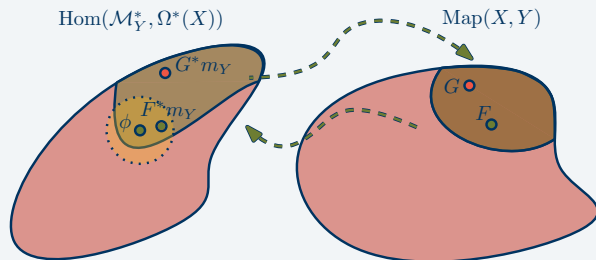


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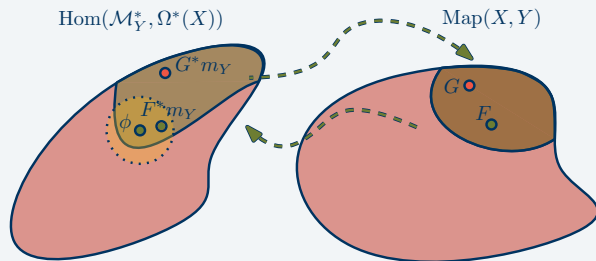


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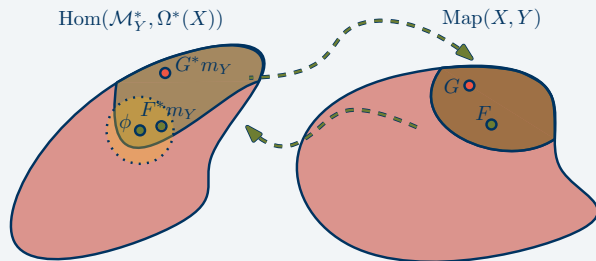


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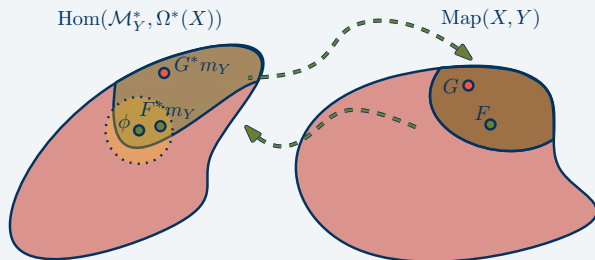


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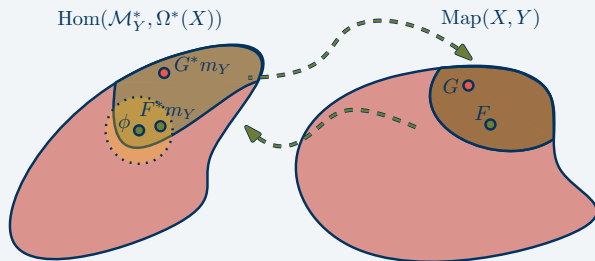


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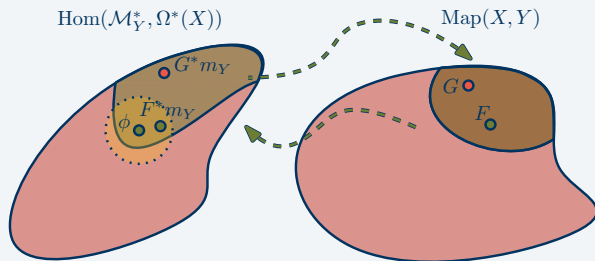


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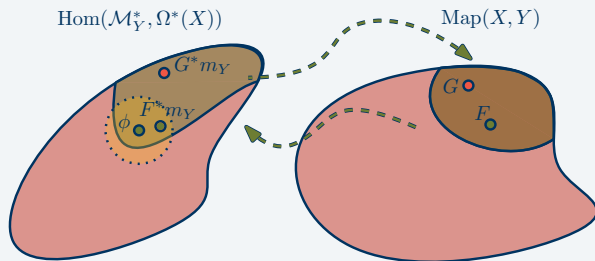
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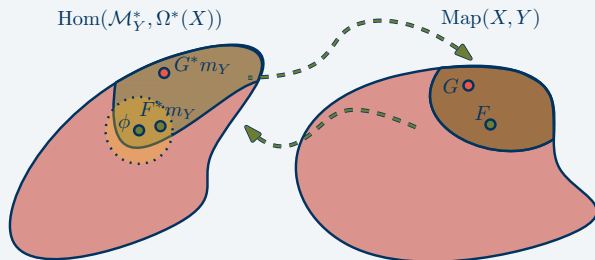


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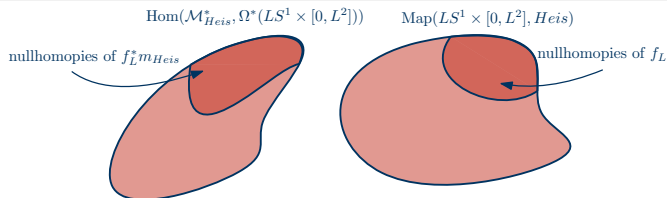


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$\delta_{Heis}^1(L) = O(L^3)$ using the Shadowing Principle

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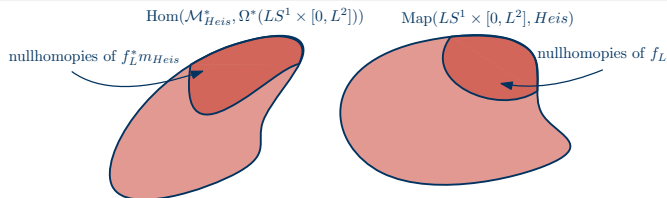


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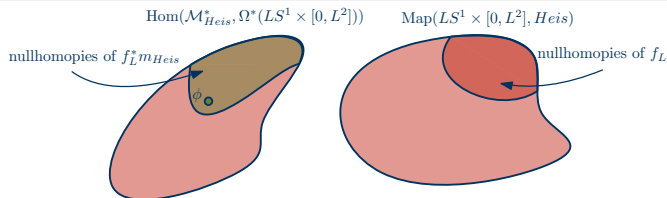


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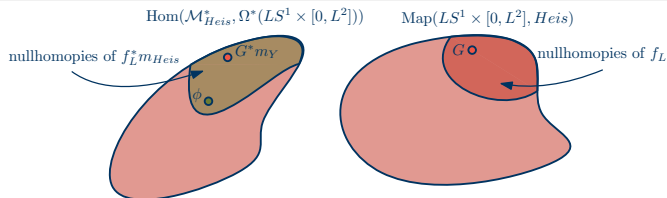


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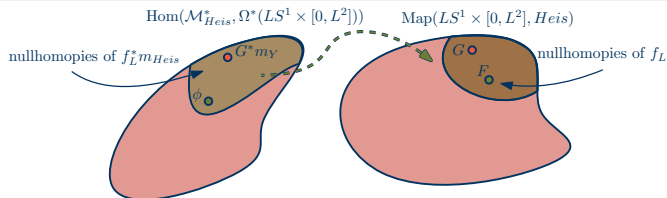


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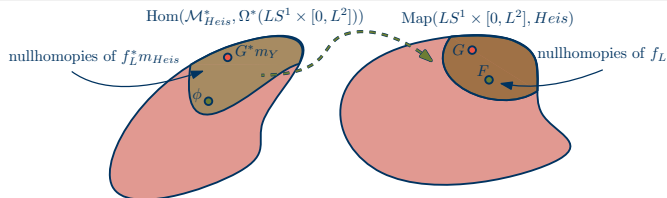


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- 5) $\text{vol}(F \circ \text{rescale}) = O(L) \cdot O(L^2)$ nullhomotopy of f □



$$\mathcal{M}_{Heis}^* = \langle dx, dy, \zeta \mid d\zeta = dx \wedge dy \rangle$$

Lemma

If $\psi : \mathcal{M}_{Heis}^ \rightarrow \Omega^*(S^1)$ is nullhomotopic with $\|\psi\|_{op} \leq L$, then there is a nullhomotopy $\phi : \mathcal{M}_{Heis}^* \rightarrow \Omega^*(S^1 \times [0, L])$ with $\|\phi\|_{op} \leq CL$.*

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$$\|\phi(dx)\| \lesssim \|\psi(dx)\| + 1 \lesssim L$$

$$\|\phi(dy)\| \lesssim \|\psi(dy)\| + 1 \lesssim L$$

$$\phi(\zeta) := \psi(\zeta) \left(1 - \frac{t}{L}\right) - Lc(\zeta)dt + (\psi(dx)c(dy) - c(dx)\psi(dy)) \frac{Lt - t^2}{2L^2}$$

$$\mathcal{M}_{Heis}^* = \langle dx, dy, \zeta \mid d\zeta = dx \wedge dy \rangle$$

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Corollary

$$\text{Lip}(f) \leq L \rightsquigarrow \|f^* m_{Heis}\|_{op} \lesssim L \rightsquigarrow \phi \text{ with } \|\phi\|_{op} \lesssim L$$

$$\mathcal{M}_{Heis}^* = \langle dx, dy, \zeta \mid d\zeta = dx \wedge dy \rangle$$

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If $\psi : \mathcal{M}_{Heis}^* \rightarrow \Omega^*(S^1)$ is nullhomotopic with $\|\psi\|_{op} \leq L$, then there is a nullhomotopy $\phi : \mathcal{M}_{Heis}^* \rightarrow \Omega^*(S^1 \times [0, L])$ with $\|\phi\|_{op} \leq CL$.

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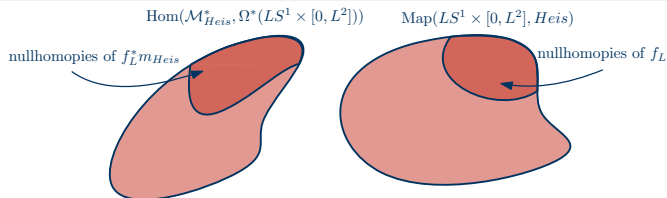
$$\implies \phi_L : \mathcal{M}_{Heis}^* \rightarrow \Omega^*(LS^1 \times [0, L^2]) \text{ of } f_L^* m_{Heis} \text{ with } \|\phi_L\|_{op} \leq C.$$

Theorem

$\delta_{Heis}^1(L) = O(L^3)$ using the Shadowing Principle

Proof.

- 1) Replace $f : S^1 \xrightarrow{L\text{-Lip}} Heis$ nullhomotopic with $f_L : LS^1 \xrightarrow{1\text{-Lip}} Heis$
- 2) Find bounded nullhomotopy $\phi : \mathcal{M}_{Heis}^* \rightarrow \Omega^*(LS^1 \times [0, L^2])$ of $f_L^* m_{Heis}$
- 3) Guess a nullhomotopy $G : LS^1 \times [0, L^2] \rightarrow Heis$ of f_L
- 4) Adjust G into a bounded F using ϕ
- 5) $\text{vol}(F \circ \text{rescale}) = O(L) \cdot O(L^2)$ nullhomotopy of f □

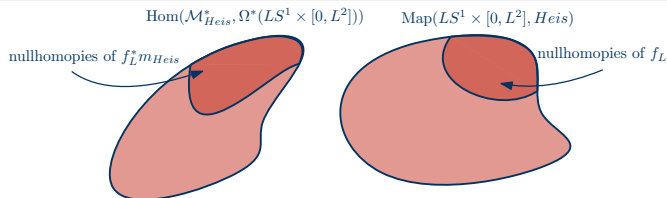


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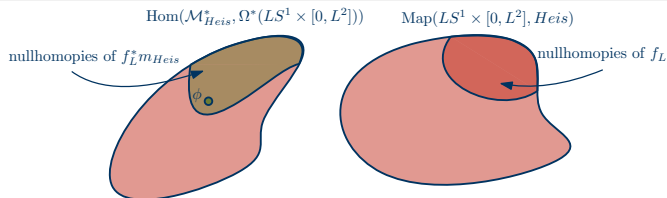


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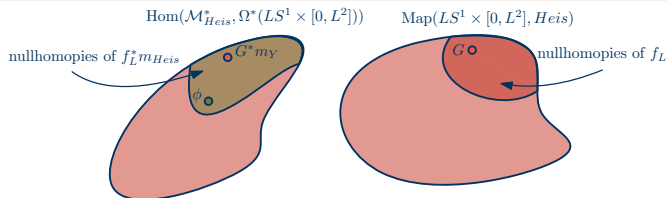


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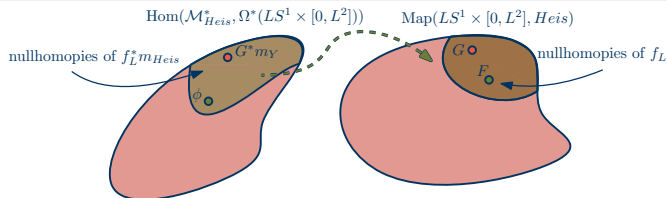


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- 4) Adjust G into a bounded F using ϕ
- 5) $\text{vol}(F \circ \text{rescale}) = O(L) \cdot O(L^2)$ nullhomotopy of f □



$$X = LS^1 \times [0, L^2]$$

- Guess $G : X \rightarrow Heis$

$$X \xrightarrow{G} Heis$$

$$X = LS^1 \times [0, L^2]$$

- Guess $G : X \rightarrow Heis$
- Adjust inductively on principal refinement of Postnikov tower of *Heis*

$$\begin{array}{ccc} X & \xrightarrow{G} & Heis \\ & & \downarrow \\ & & \mathbb{T}^2 \\ & & \downarrow \\ & & \{*\} \end{array}$$

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 & \searrow \overline{G} & \downarrow \\
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 \end{array}
 \quad \rightsquigarrow \quad
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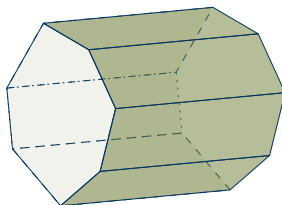
- Guess $G : X \rightarrow \text{Heis}$
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 - E.g., if $\overline{G} : X \rightarrow \mathbb{T}^2$ is bounded, lift to bounded $F : X \rightarrow \text{Heis}$
- During each stage, adjust inductively on skeleta of X

$$\begin{array}{ccc}
 X & \xrightarrow{G} & \text{Heis} \\
 & \searrow \overline{G} & \downarrow \\
 & & \mathbb{T}^2 \\
 & & \downarrow \\
 & & \{*\}
 \end{array}
 \quad \rightsquigarrow \quad
 \begin{array}{ccc}
 X & \overset{F}{\dashrightarrow} & \text{Heis} \\
 \uparrow & \nearrow \text{dashed} & \uparrow \\
 X^{(1)} & & \\
 \uparrow & \nearrow & \\
 X^{(0)} & &
 \end{array}$$

Data

- $X = LS^1 \times [0, L^2]$

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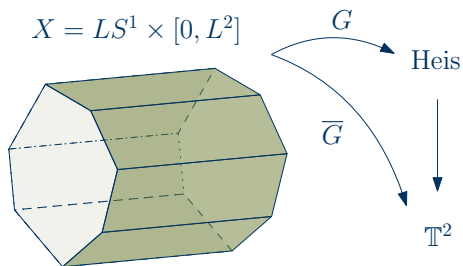
Heis



$\mathbb{T}^2$

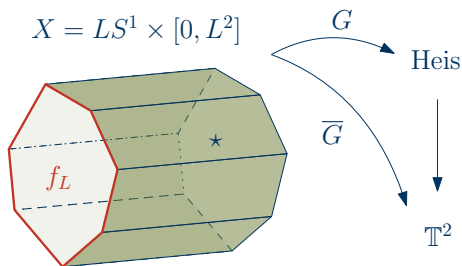
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- $\overline{G} : X \rightarrow \mathbb{T}^2$



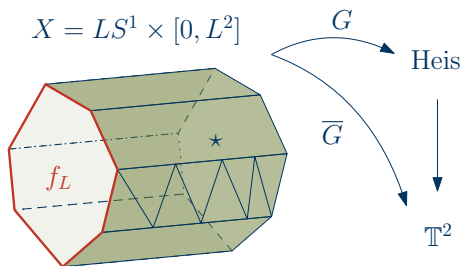
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- $G|_{LS^1 \times \{0, L^2\}} = f_L \sqcup \star$



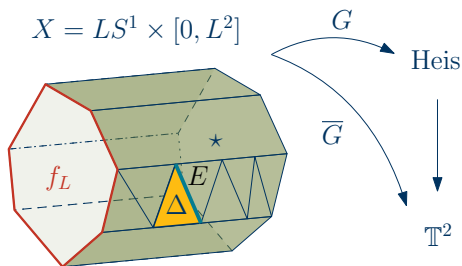
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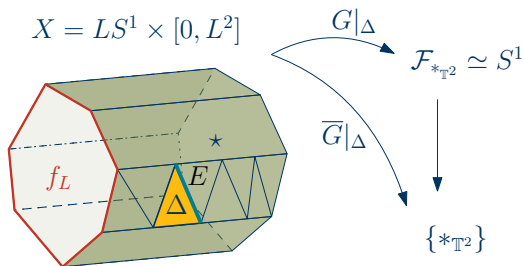
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Simplifying Assumptions

- $\overline{G}(\Delta) = \{\ast_{\mathbb{T}^2}\}$

$$\Rightarrow G(\Delta) \subseteq \mathcal{F}_* \simeq S^1$$



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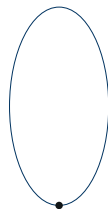
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$$\Delta \subseteq X$$



$$S^1 \simeq \mathcal{F}_* \subseteq \text{Heis}$$

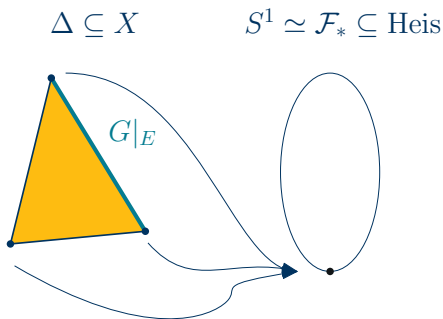


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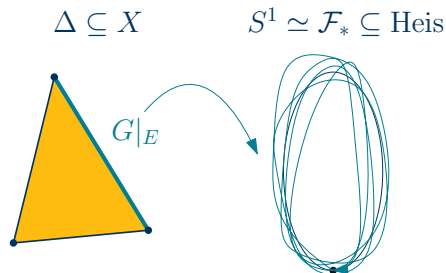


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- $\implies G(\Delta) \subseteq \mathcal{F}_* \simeq S^1$
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- $\implies [G|_E]_z \in \pi_1(S^1) \cong \mathbb{Z}$

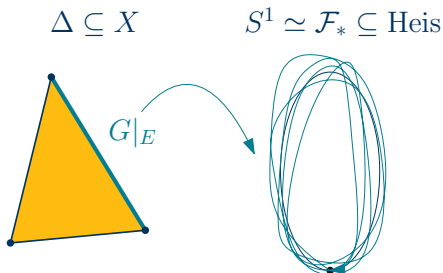


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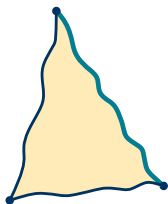
Goal

Make $\|[F|_E]_z\| \lesssim \|\phi\|$ and take $F|_E$ a minimal representative of $[F|_E]_z$.

Bounding $\|[F|_E]_z\|$ Attempt #1: Use ϕ Exactly

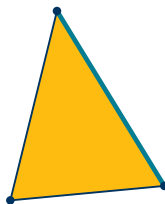
ALG

$$\Delta \subseteq X$$



TOP

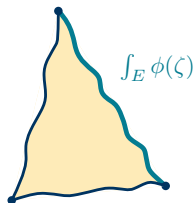
$$\Delta \subseteq X$$



Bounding $\|[F|_E]_z\|$ Attempt #1: Use ϕ Exactly

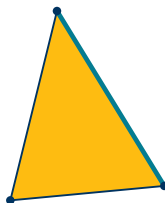
ALG

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TOP

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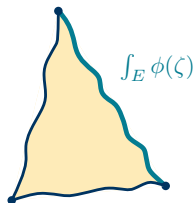


Bounding $\|[F|_E]_z\|$ Attempt #1: Use ϕ Exactly

- Given $\int_{\square} \phi(\zeta) : C_1(X) \rightarrow \mathbb{R}$
- Find $[F|_{\square}]_z : C_1(X) \rightarrow \mathbb{Z}$

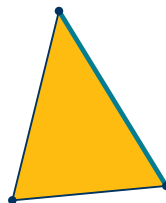
ALG

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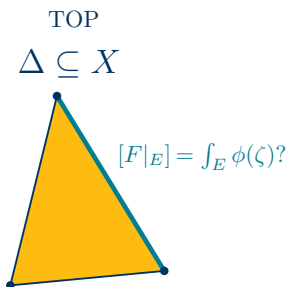
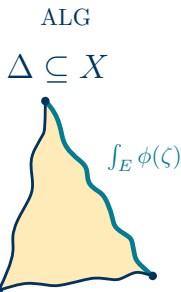


Bounding $\|[F|_E]_z\|$

Attempt #1: Use ϕ Exactly

- Given $\int_{\square} \phi(\zeta) : C_1(X) \rightarrow \mathbb{R}$
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Define $F|_E$ so that $[F|_E]_z = \int_E \phi(\zeta)$



Bounding $\|[F|_E]_z\|$

Attempt #1: Use ϕ Exactly

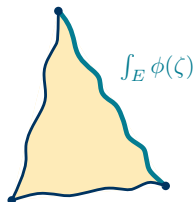
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Issue

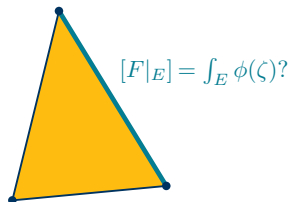
ALG

$$\Delta \subseteq X$$



TOP

$$\Delta \subseteq X$$



Bounding $\|[F|_E]_Z\|$

Attempt #1: Use ϕ Exactly

- Given $\int_{\square} \phi(\zeta) : C_1(X) \rightarrow \mathbb{R}$
- Find $[F|_{\square}]_Z : C_1(X) \rightarrow \mathbb{Z}$

Define $F|_E$ so that $[F|_E]_Z = \int_E \phi(\zeta)$

Issue

$\mathbb{Z} \neq \mathbb{R}$.

ALG

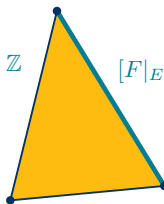
$$\Delta \subseteq X$$



$$\int_E \phi(\zeta) = 3.14159... \notin \mathbb{Z}$$

TOP

$$\Delta \subseteq X$$



$$[F|_E] \neq \int_E \phi(\zeta)$$

Bounding $\|[F|_E]_z\|$

Attempt #2: Round ϕ

- Given $\int_{\square} \phi(\zeta) : C_1(X) \rightarrow \mathbb{R}$
- Find $[F|_{\square}]_z : C_1(X) \rightarrow \mathbb{Z}$

ALG

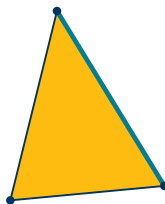
$$\Delta \subseteq X$$



$$\int_E \phi(\zeta) = 3.14159\dots$$

TOP

$$\Delta \subseteq X$$



Bounding $\|[F|_E]_z\|$

Attempt #2: Round ϕ

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Define $F|_E$ so that $[F|_E]_z \approx \int_E \phi(\zeta)$

ALG

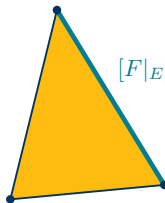
$$\Delta \subseteq X$$



$$\int_E \phi(\zeta) = 3.14159\dots$$

TOP

$$\Delta \subseteq X$$



$$[F|_E] = 3?$$

Bounding $\|[F|_E]_z\|$

Attempt #2: Round ϕ

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Issue

ALG

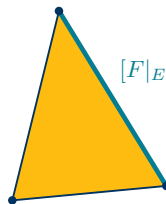
$$\Delta \subseteq X$$



$$\int_E \phi(\zeta) = 3.14159\dots$$

TOP

$$\Delta \subseteq X$$



$$[F|_E] = 3?$$

Bounding $\|[F|_E]_z\|$

Attempt #2: Round ϕ

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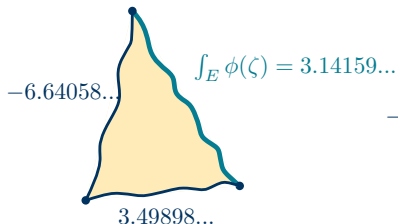
Define $F|_E$ so that $[F|_E]_z \approx \int_E \phi(\zeta)$

Issue

- Extending on higher cells

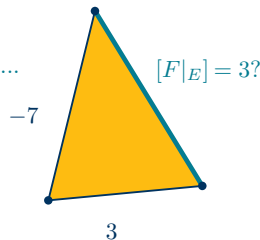
ALG

$$\Delta \subseteq X \quad 3 + 3 - 7 \neq 0$$



TOP

$$\Delta \subseteq X$$



Bounding $\|[F|_E]_z\|$

Attempt #3: Round using $G^*m_Y \simeq \phi$

Bounding $\|[F|_E]_z\|$

Attempt #3: Round using $G^*m_Y \simeq \phi$

- $\int_{\square} \phi(\zeta) : C_1(X) \rightarrow \mathbb{R}$

Bounding $\|[F|_E]_Z\|$

Attempt #3: Round using $G^*m_Y \simeq \phi$

- $\int_{\square} \phi(\zeta) : C_1(X) \rightarrow \mathbb{R}$
- $[G|_{\square}]_Z : C_1(X) \rightarrow \mathbb{Z}$

Bounding $\|[F|_E]_z\|$ Attempt #3: Round using $G^*m_Y \simeq \phi$

- $\int_{\square} \phi(\zeta) : C_1(X) \rightarrow \mathbb{R}$
- $[G|_{\square}]_z : C_1(X) \rightarrow \mathbb{Z} \implies \int_{\square} G^*m_Y(\zeta) : C_1(X) \rightarrow \mathbb{Z} \subseteq \mathbb{R}$

Bounding $\|[F|_E]_z\|$ Attempt #3: Round using $G^*m_Y \simeq \phi$

- $\int_{\square} \phi(\zeta) : C_1(X) \rightarrow \mathbb{R}$
- $[G|_{\square}]_z : C_1(X) \rightarrow \mathbb{Z} \implies \int_{\square} G^*m_Y(\zeta) : C_1(X) \rightarrow \mathbb{Z} \subseteq \mathbb{R}$
- $G^*m_Y \simeq \phi$

Bounding $\|[F|_E]_z\|$

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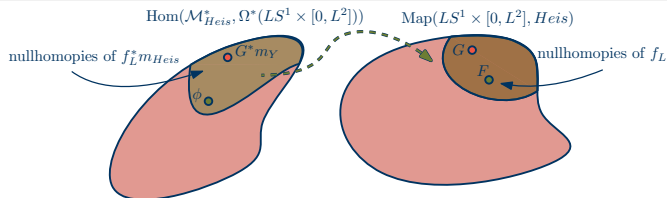
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- $[G|_{\square}]_z - [F|_{\square}]_z = d[\tilde{\Psi}|_{\square}]_z \implies F \simeq G \text{ extends on 2-cells}$

Theorem

$\delta_{Heis}^1(L) = O(L^3)$ using the Shadowing Principle

Proof.

- ✓ 1) Replace $f : S^1 \xrightarrow{L\text{-Lip}} Heis$ nullhomotopic with $f_L : LS^1 \xrightarrow{1\text{-Lip}} Heis$
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- ✓ 3) Guess a nullhomotopy $G : LS^1 \times [0, L^2] \rightarrow Heis$ of f_L
- 4) Adjust G into a bounded F using ϕ
- 5) $\text{vol}(F \circ \text{rescale}) = O(L) \cdot O(L^2)$ nullhomotopy of f □

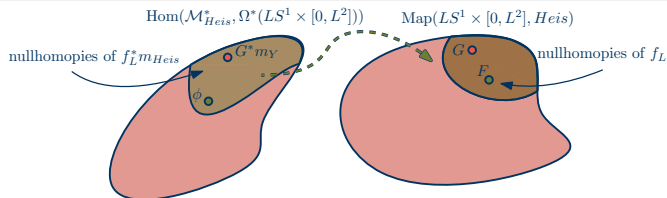


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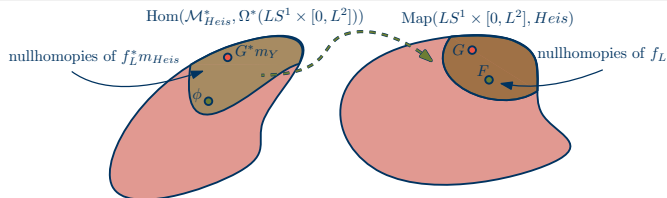


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Lower Bounds on $\delta_Y^n(L)$	$\Omega(L^{2(n-1)})$ [CMW18]	
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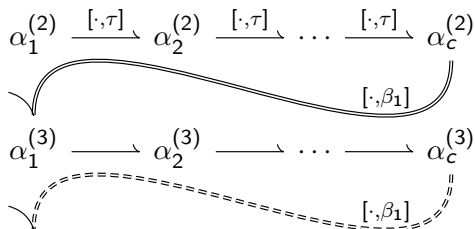
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Theorem (H. 2025)

There is a c -step coformal nilpotent space Y with $\delta_Y^n(L) \gtrsim L^{(c+1)(n-1)}$.

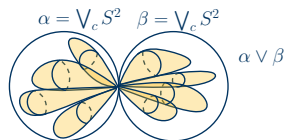
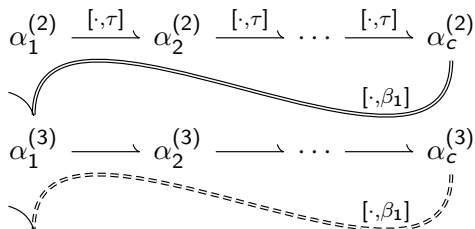
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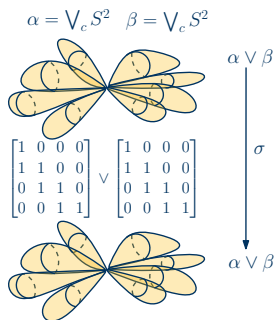
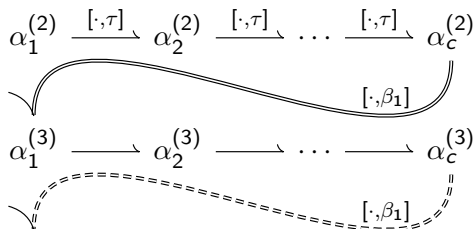
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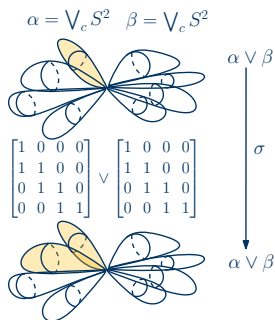
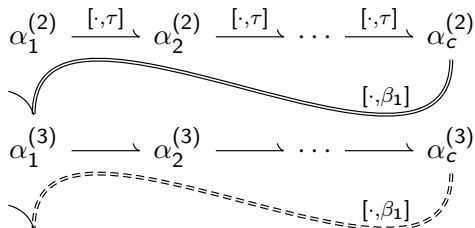
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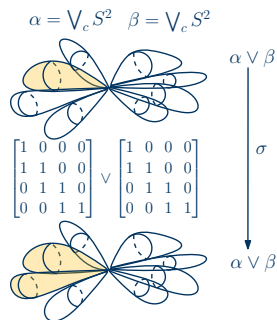
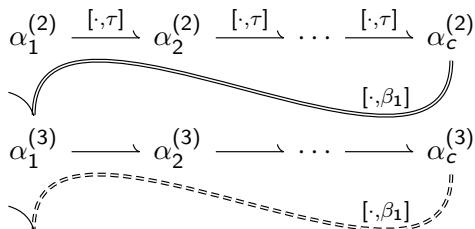
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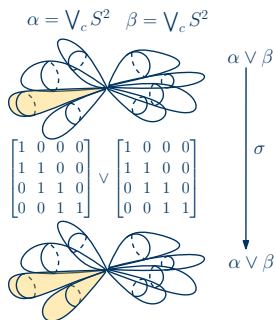
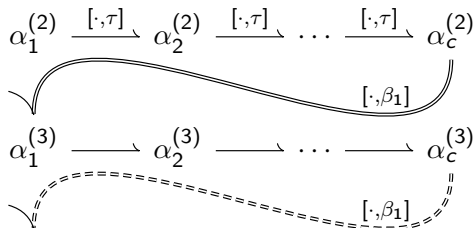
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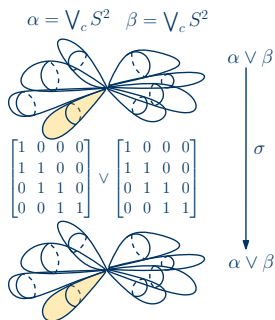
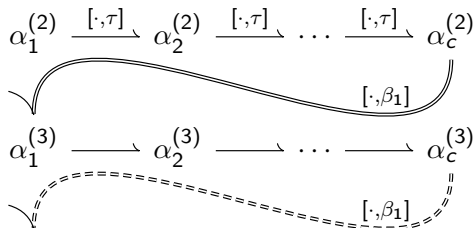
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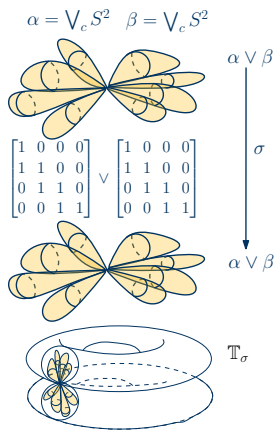
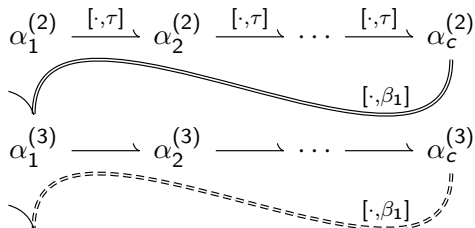
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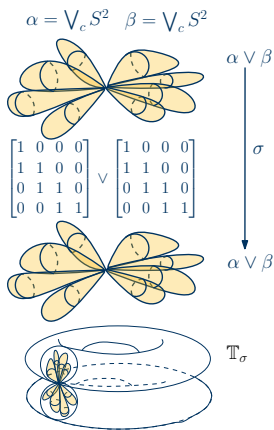
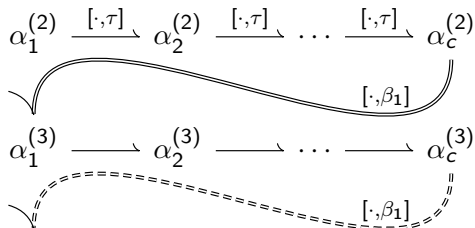
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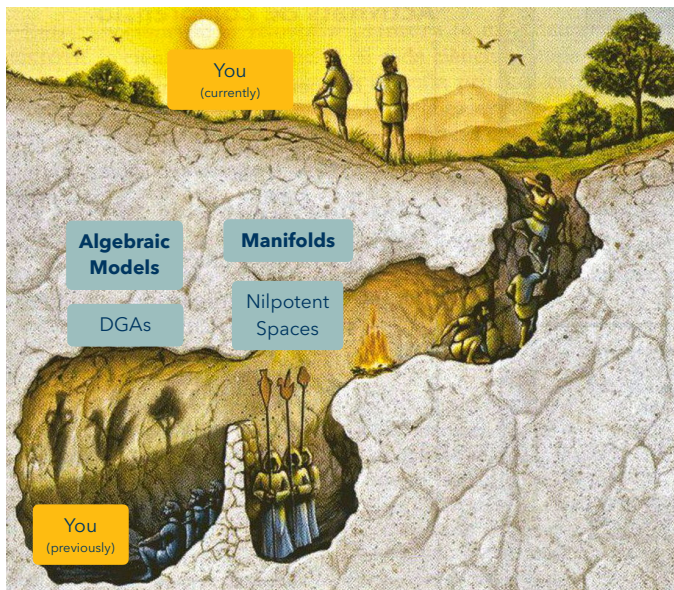


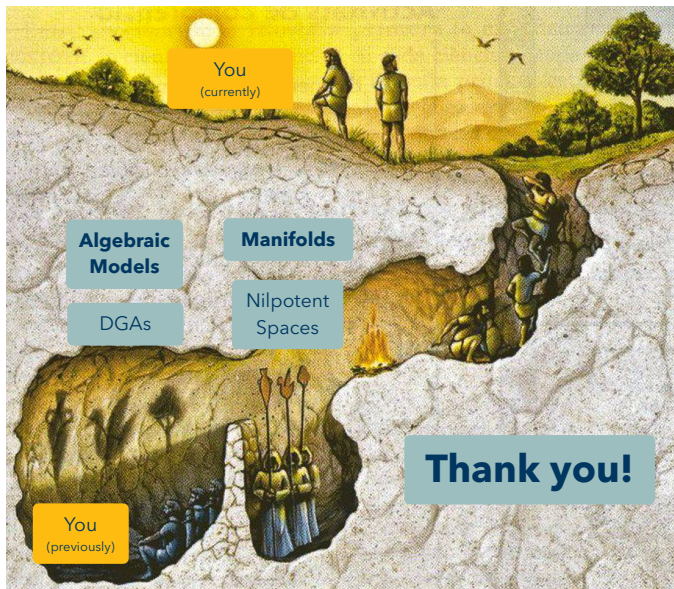
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$$\iff d\alpha_q^{(n)} = \alpha_{q-1}^{(n)} \wedge \tau + \Omega$$

Y is...	<i>Simply Connected</i>	<i>Simple</i>	<i>c-Step Nilpotent</i>	<i>Coformal + c-Step Nilpotent</i>
Lower Bounds on $\delta_Y^n(L)$	$\Omega(L^{2(n-1)})$ [CMW18]	?	?	$\Omega(L^{(c+1)(n-1)})$ [H. 2025]
Upper Bounds on $\delta_Y^n(L)$	$O(L^{2n})$ [Man19]	$O(L^{2n+1})$ [H. 2025]	$O(L^{(4c-1)n})$ [H. 2025]	$O(L^{(c+1)n})$ [H. 2025]





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